

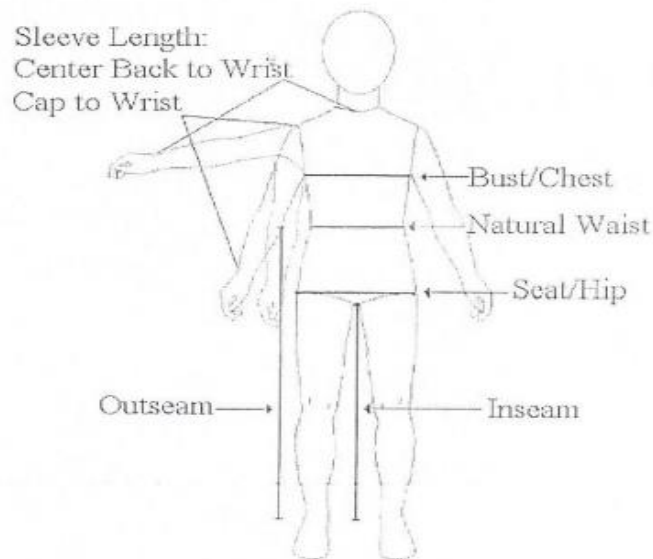
# MEASURING GUIDE

## These sizing chart's are based on the child's measurements

Listed below are body measurements that correspond to sizes in each of our different size ranges. This will help determine what size to purchase after measuring your child. If your measurements fall in more than one size range column, depending on the style of the garment, order the size of the largest measurement.

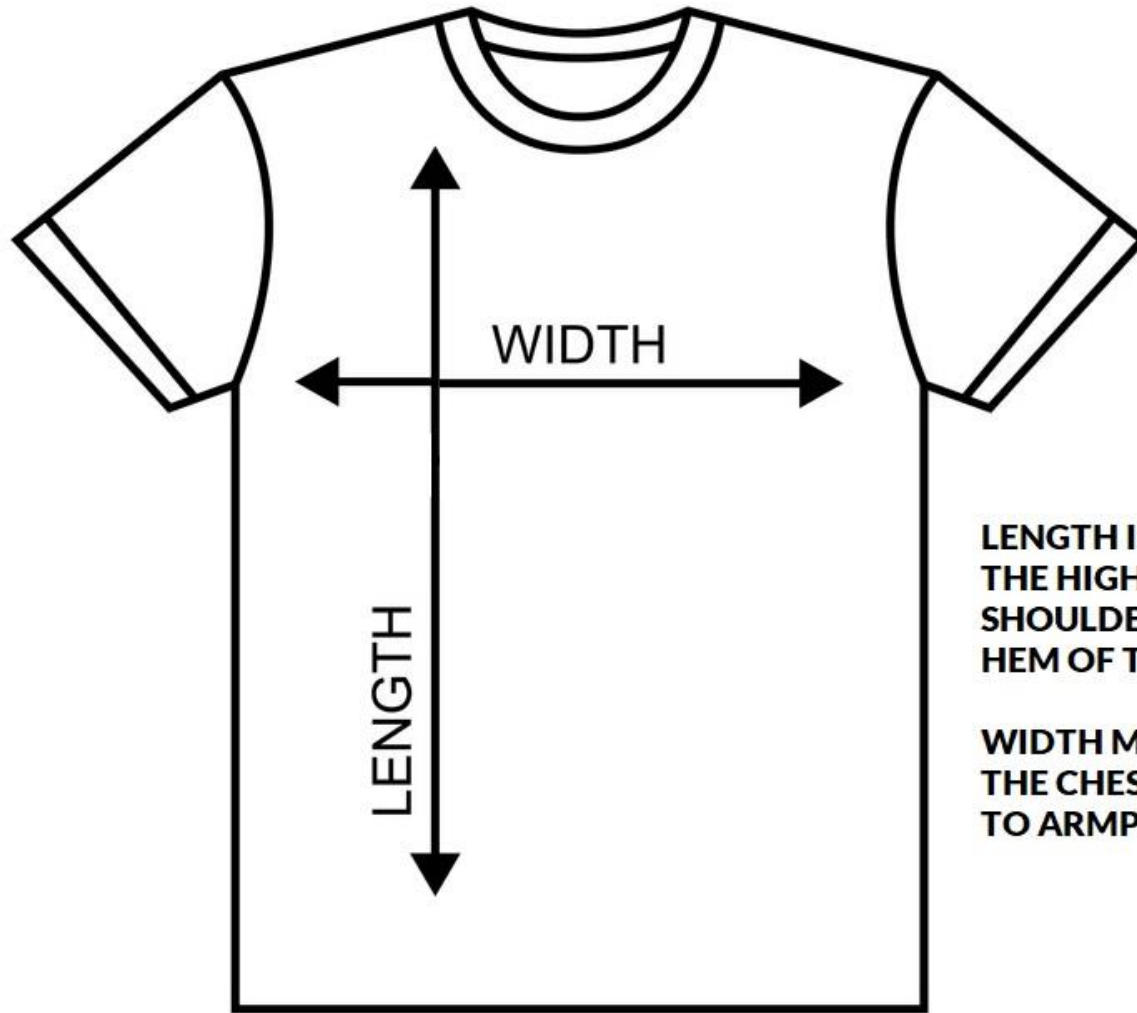
Unisex garments are made from male sizing. All measurements are given in inches.

<p><b><u>CHEST WIDTH</u></b> Hold tape at armpit, where the bottom of the sleeve meets the body of the shirt. Move tape across chest to the same point at the other armpit.</p>	<p><b><u>INSEAM</u></b> Measure from top of inner thigh to bottom of ankle bone <i>Or</i> using a pair of pants that fit, measure the inside of the leg from the crotch seam to the hem line.</p>
<p><b><u>NATURAL WAIST</u></b> Hold tape snugly at natural waist. This is usually at the natural indent. Do not pull tape tight. Do not measure over clothing.</p>	<p><b><u>OUTSEAM</u></b> Hold tape measure from natural waist to bottom of ankle bone</p>
<p><b><u>SEAT/HIP</u></b> Have child stand straight with feet together. Measure around fullest part of seat/hips. Hold tape snug, not tight, and level all around.</p>	<p><b><u>SLEEVE LENGTH</u></b> From the center of back to wrist - Hold tape at base of neck to shoulder socket, down back of arm to elbow and then to wrist bone</p>



## **DEFINED LETTER SIZING:**

- **Youth Double Extra Small (Y2XS) = 3 – 4**
- **Youth Extra Small (YXS) = 5 – 6**
- **Youth Small (YS) = 7 – 8**
- **Youth Medium (YM) = 10 – 12**
- **Youth Large (YL) = 14 – 16**
- **Youth Extra Large (YXL) = 18 – 20**
- **Adult Small (AS)**
- **Adult Medium (AM)**
- **Adult Large (AL)**
- **Adult Extra Large (AXL)**
- **Adult Double Extra Large (A2XL)**



**LENGTH IS MEASURED FROM THE HIGHEST POINT OF THE SHOULDER TO THE BOTTOM HEM OF THE SHIRT.**

**WIDTH MEASURES ACROSS THE CHEST, FROM ARMPIT TO ARMPIT, SEAM TO SEAM.**

## **BOY'S SIZING GUIDE**

\*\*\*All Sizes measured in inches\*\*\*

### **BOY'S REGULAR (R) SIZES (TOPS AND BOTTOMS)**

Size	Y2XS		YXS		YS		YM			
	3R	4R	5R	6R	7R	8R	9R	10R	11R	12R
Chest	11	11.25	11.5	11.75	12	13.5	N/A	14.25	N/A	14.75
Waist	20.5 - 21	21 - 21.5	21.5 - 22	22 - 22.5	22.5 - 23	23.5 - 24	24 - 24.5	24.5 - 25	25 - 25.5	25.5 - 26
Seat	22.5 - 23	23 - 23.5	23.5 - 24	24 - 24.5	24.5 - 25	27 - 28	28 - 28.5	28.5 - 29	29 - 29.5	29.5 - 30
Inseam	13.5	15	17.5	20	21	23	24	25	26	27
Outseam	21	22	24.75	27.5	28.75	32	33.5	34.5	35.75	37

Size	YL		YXL	
	14R	16R	18R	20R
Chest	15.5	16.25	17	18
Waist	26.5 - 27	27.5 - 28	28.5 - 29	29.5 - 30
Seat	30 - 31.5	31.5 - 32.5	32.5 - 33.5	33.5 - 34.5
Inseam	28	29	30	31
Outseam	38.25	39.5	40.75	42

### **BOY'S HUSKY (H) SIZES (TOPS ONLY, BUTTON UP)**

	10H	12H	14H	16H	18H
Chest	17	18	19	20	21.5
Length	22	24	25.5	26.5	28.5

### **BOY'S SLIM (S) SIZES (BOTTOMS ONLY)**

Size	8S	9S	10S	11S	12S	14S	16S
Waist	21 - 22	22 - 22.5	22.5 - 23.5	23 - 23.5	22.5 - 24	24.5 - 25	25.5 - 26
Seat	25 - 26	26 - 26.5	26.5 - 27	27 - 27.5	27.5 - 28	28 - 29.5	29.5 - 30.5
Inseam	23	24	25	26	27	28	29
Outseam	32	33.5	34.5	35.75	37	38.25	39.5

THE LAST **REGULAR** SIZE IS 16R. MOVE TO SIZE 29/30 (29P FOR SHORTS)

THE LAST **SLIM** SIZE IS 16S. MOVE TO SIZE 16R OR 29/30 (29P FOR SHORTS)

### **BOY'S HUSKY (H) SIZES (BOTTOMS ONLY)**

Size	26H	27H	28H	29H	30H	31H	32H	34H	36H	38H
Waist	25.5 - 26	26.5 - 27	27.5 - 28	28.5 - 29	29.5 - 30	30.5 - 31	31.5 - 32	32.5 - 34	34.5 - 36	36.5 - 38
Seat	30 - 30.5	31 - 31.5	32 - 32.5	33 - 33.5	34 - 34.5	35 - 35.5	36 - 36.5	37 - 38.5	39 - 40.5	41 - 42.5
Inseam	21	22	25	26	27	27	28	29	30	30
Outseam	31.25	32.5	35.75	37	38.25	38.5	39.75	41.25	42.75	43.25

**MEN'S SIZES (P OR M) (TOPS AND BOTTOMS, INCLUDING PREP SIZES)**

Size	AS					AM			AL	
	27	28	29	30	31	32	33	34	36	38
Chest	17.5 - 18.5					19 - 20			20.5 - 22	
Waist	26.5 - 27	27.5 - 28	28.5 - 29	29.5 - 30	30.5 - 31	31.5 - 32	32.5 - 33	33.5 - 34	34.5 - 36	36.5 - 38
Seat	33.5 - 34	34.5 - 35	35 - 35.5	35.5 - 36	36.5 - 37	37.5 - 38	38.5 - 39	39.5 - 40	40.5 - 42	43 - 44
Inseam	30	30	30	30/32/34	30/32/34	30/32/34	32/34	32/34	32/34	32/34
Outseam	42.25	42.5	42.75	42.75	43	43	43.25	43.5	43.75	43.75

**GIRL'S SIZING GUIDE**

**GIRL'S REGULAR (R) SIZES (TOPS AND BOTTOMS)**

Size	Y2XS		YXS			YS		YM	
	3R	4R	5R	6R	6XR	7R	8R	10R	12R
Chest	11	11.5	11.75	12	12.25	12.5	13	14	15
Waist	20.5 - 21	21 - 21.5	21.5 - 22	22 - 22.5	22.5 - 23	23 - 23.5	23.5 - 24	24.5 - 25	25.5 - 26
Hip	22.5 - 23	23.5 - 24	24.5 - 25	25 - 25.5	26 - 26.5	26.5 - 27.5	28 - 29	29.5 - 30.5	31 - 32
Inseam	12.5	15	17.5	20.5	22	23.5	24.5	25.5	26.5
Outseam	21	22	24.75	27.5	29.75	28.75	32	34.5	37
Skirt Length	N/A	13	14	15	16	17	18	19	20

Size	YL		YXL	
	14R	16R	18R	20R
Chest	15.25	15.5	17	18
Waist	26.5 - 27	27.5 - 28	28.5 - 29	N/A
Hip	32.5 - 33.5	34 - 35	35.5 - 36.5	N/A
Inseam	27.5	28.5	29.5	N/A
Outseam	37.5	39	40.5	N/A
Skirt Length	20.5	21	21.5	N/A

\*\*\*SEE "GIRL'S JUNIORS" SIZING FOR ADULT SIZES\*\*\*

FOR GIRL'S BOTTOMS, THE LAST **REGULAR** SIZE IS 16R. AFTER SIZE 16R, MOVE TO SIZE 11J (JUNIORS) OR 08H (HALF/HUSKY).

FOR GIRL'S BOTTOMS, THE LAST **SLIM** SIZE IS 16S. AFTER SIZE 16S, MOVE TO SIZE 14R (REGULAR) OR 16R (REGULAR).

**GIRL'S SLIM (S) SIZES (BOTTOMS ONLY)**

Size	3S	4S	5S	6S	7S	8S	10S	12S	14S	16S
Waist	18.5 - 19	19 - 19.5	19.5 - 20	20 - 20.5	21 - 21.5	21.5 - 22	22.5 - 23	23.5 - 24	24.5 - 25	25.5 - 26
Hip	20.5 - 21	21.5 - 22	22.5 - 23	23 - 23.5	24.5 - 25.5	26 - 27	27.5 - 28.5	29 - 30	30.5 - 31.5	32 - 33
Inseam	12.5	15	17.5	20.5	23.5	24.5	25.5	26.5	27.5	28.5
Outseam	19	22	24.75	27.5	30.75	32	33.5	36	37.5	39

**GIRL'S HUSKY/HALF (H) SIZES (BOTTOMS ONLY)****(THESE SIZES ARE NOT INBETWEEN SIZES, THINK OF THEM AS HUSKY SIZES)**

Size	6H	7H	8H	10H	12H	14H	16H	18H	20H
Waist	26 - 27	27 - 28	28 - 29	29 - 30	30.5 - 31.5	32 - 33	33.5 - 34.5	35 - 36	36.5 - 37.5
Hip	32 - 33	33 - 34	34 - 35	35 - 36	36.5 - 37.5	38 - 39	39.5 - 40.5	41 - 42	42.5 - 43.5
Inseam	20.5	22	23.5	25	26.5	28	29.5	30	30.5
Outseam	28	30.25	32.5	34.5	36.5	38	39	40	41
Skirt Length	16	17	18.5	19.5	20	20.5	21	21.5	22

**GIRL'S JUNIOR'S (J) SIZES (TOPS AND BOTTOMS)**

Size	AS		AM		AL		AXL		A2XL
	3J	5J	7J	9J	11J	13J	15J	17J	19J
Chest	15.75 - 16.5		16.75 - 17.75		18 - 19		19.5 - 20.75		21 - 22
Waist	23.5 - 24.5	24.5 - 25.5	25.5 - 26.5	26.5 - 27.5	28 - 29	29.5 - 30.5	31 - 32	32.5 - 33.5	34 - 35.5
Hip	33.5 - 34.5	34.5 - 35.5	35.5 - 36.5	36.5 - 37.5	38 - 39	39.5 - 40.5	41 - 42	42.5 - 43.5	44 - 45.5
Inseam	32	32	32	32	32	32	32	32	32
Outseam	41.75	42	42.25	42.5	43	43.5	43.75	43.75	44.25

**GIRL'S TEEN (T) SIZES (SKIRTS ONLY)**

Size	12T	14T	16T	18T
Waist	26.5	28	30	33
Length	23	23	23	23

**BIKER SHORTS/MODESTY SHORTS**

Size	YXS (5-6)	YS (6X)	YM (7-8)	YL (10-12)
Outseam	10	10.5	11	12.5
Inseam	4	4.25	4.75	5
Size	YXL (14-16)	AS (3J-5J)	AM (7J-9J)	AL (11J-13J)
Outseam	14	13.25	14.5	15
Inseam	5.5	6	6	6.5

## **GYM/PE APPAREL SIZING GUIDE**

### **MESH GYM SHORTS (Elastic Waistband)**

Size	YXS (6/7)	YS (8)	YM (10/12)	YL (14/16)	YXL (18/20)	AS	AM	AL	AXL
Waist	19	21	23	24	26	26	27	28	30
Inseam	6	6.5	7.5	8.5	9.5	7.5	8	8	8.5
Outseam	13	15	16	18	19	17.5	18	19	20.5

### **SWEATPANTS (Elastic Waistband)**

Size	Y2XS (JUVENILE SMALL)	YXS (JUVENILE MEDIUM)	YS (8)	YM (10/12)	YL (14/16)	YXL (18/20)	AS	AM	AL
Waist	23.5	24.5	25 - 26	27.5 - 28.5	30	30 - 31	32 - 34	36 - 38	40 - 42
Inseam	15	17	21	23	26	29	29	30.5	31.5
Outseam	22	25	29	32	35	38	41	42	43

### **SWEATSHIRTS**

Size	Y2XS (3/4)	YXS (5/6)	YS (7/8)	YM (10/12)	YL (14/16)	YXL (18/20)	AS	AM	AL	AXL	A2XL
Chest	15	15.5	16	16.5	18	20	20	22	24	25	26.5
Body Length	16	17	21	22	24	26	27	28	28.5	29.5	30
Sleeve Length	20	20.2	21	23	26	28	30	32	34	34.5	37

### **GYM SHIRTS**

Size	YXS (4/5)	YS (6/7)	YM (8/10)	YL (12/14)	YXL (16/18)	AS	AM	AL	AXL
Chest	13	14.5	16	18	20	19	20	22	
Length	18	21	23	26	27	29	31	32	

**As of June 2023, our former primary manufacturer (Hanes) will no longer be producing their Beefy-T line of shirts.**

**We will be transitioning over to Soffe, who currently provides all of our other gymwear items**

## **OTHER APPAREL SIZING GUIDE**

### **WINDBREAKER JACKETS**

Size	YXS	YS	YM	YL	YXL	AS	AM	AL	AXL
Chest	18	19	21	22	23	23.5	24.5	25.5	26.5
Body Length	17.25	19	21	23	25	26.5	27.5	27.5	28
Sleeve Length	24	26.5	29	31.5	34	35	36.5	37.5	38

### **Tights**

Size	6	8	10
Age	6 to 8	8 to 10	10 to 14
Height	45 - 51	51 - 60	60 - 64
Weight	50 - 62	62 - 78	78 - 110

### **BELTS**

When purchasing a belt, begin with discovering your child's waist size. We recommend purchasing a belt that is at least two inches larger than the measured waist size. Do not buy a belt size that matches the measured waist size.  
(Ex. A waist size 28" should be accompanied by a 30-32" belt)

#### **Boys' Crew Socks (White)**

Item Size #	Shoe Size
7	9 - 2.5
9	3 - 9.0
10	6 - 12.0

#### **Boys' Crew Socks (Navy)**

Letter Size	Shoe Size
YS	9 - 1.0
YM	12 - 6.0
YL	6 - 9.0

#### **Girls' Crew Socks (White)**

Item Size #	Shoe Size
6	6 - 10.5
7	10.5 - 4
10	4 - 10.0

#### **Girls' Knee High Socks**

Letter Size	Shoe Size
YS	6 - 10.5
YM	10.5 - 4
YL	4 - 10.0
YXL	9 - 13.0

### **Ties**

Crossover and Middy Ties	Pre-Tied Ties	Regular Ties
All crossover and middy ties are one-size-fits-all	Our Pre-Tied Ties come in 10", 12", 15", and 18". The end of the tie should sit between the belly button and the waist.	Regular ties come in 48" and 57". The end of the tie should sit no more than 2" above the waist. Adjust the length accordingly after tied.